

## Disaster Kit:

- Foods (canned goods and nonperishable foods) that do not need cooking
- Utensils, such as, a manual can opener, disposable plates, cups, forks, knives spoons, etc.
- Drinking water in non-breakable containers (2 quarts per person/day
- Special dietary food if required
- Identification, valuable papers, policies and photographs in a waterproof container
- Personal hygiene items, such as, soap, deodorant, shampoo, toothpaste, toothbrush, washcloth, towels, sanitary items
- First aid kit
- Medications, prescription and over the counter, such as aspirin and antacid
- Specific medical information
- Personal aids, such as, eyeglasses, hearing aids, canes, etc.
- Infant care items, such as, diapers and formula
- Books, magazines, toys
- Battery-operated radio
- Flashlight
- Extra batteries
- Sleeping bag or blanket, sheet and pillow
- Change of clothing
- Rainwear
- Toolkit
- Container for your disaster supply kit, should be waterproof